

Live Like Your Life Depends On It Chronic Disease Self-Management Program

Leader Training Statement of Understanding

To ensure the quality of the Chronic Disease Self-Management Program (CDSMP), the following policies have been established. Please sign below indicating your acknowledgment and acceptance of these requirements:

1. CDSMP must be held in facilities that are physically accessible to the disabled and which have meeting rooms that are safe and comfortable.
2. The Chronic Disease Self-Management Program (CDSMP) Leader Training is only open to those who meet certain qualifications and who have been prescreened and approved. **All applicants must complete the application form and receive confirmation of their approval to attend the workshop.** No walk-ins will be allowed into the training workshop.
3. Trainees will attend 4 days of leader training to cover entire 24 hour leader training curriculum.
4. Only trained CDSMP Leaders will be used to offer the Live Like Your Life Depends On It series. A team of at least two leaders must be used at each site. These leaders must conduct the program in accordance with the program guidelines and agree not to change the program in any way. The program policies will be explained in more detail in the training workshop, after which the leader will be asked to sign a Leader Agreement Form.
5. The CDSMP course must be offered so that the final session in the series will be held by December 15, 2008. Evaluations will be obtained and mailed immediately for processing to the Regional Arthritis Center Coordinator.
6. Leaders will qualify to teach CDSMP at later dates in additional settings (as a partner or volunteer for a Stanford licensed agency) if they desire.

Applicant's Name

Date